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O'Dwyers GAA Club

Sports Physio Support

As part of O'Dwyers GAA Club senior programme with a focus on player welfare and development, a Physio Support programme for the rehabilitation of injuries sustained during training and games is in place.

Guidelines

- Support physio programme is open to the Adult Men, ladies adult and Minor teams (registered and paid members only) for rehab support only
- This support physio programme is in addition to the sport injury fund programme which supports players when an injury is incurred
- This injury fund is designed to support players where Health care or school insurance is not available - If a player has access to these funds then this should be their path to recoup costs.
- O'Dwyers GAA have a number of Physiotherapy suppliers that can be accessed through this scheme (Details provided upon request)
- Only club approved & certified physiotherapists can be used. A request for an alternative physio can be made but this must be approved by Club Secretary in advance.
- Max Limits are in place in relation to the club's contribution to postoperative or rehab physiotherapy sessions. This limit is **€150 club contribution** per player in any calendar year
- The player physio support scheme is a contribution of €20 per physio session.
- If physio sessions are covered by player injury fund the player physio support scheme will not be applicable in this scenario.

- Only expenses with prior approval by Head Coach and Secretary will be paid.
- Note: The first step in recouping costs is via Private Health Insurance and/or School insurance (for Minors). Only after these options have been exhausted will the physio support programme be considered by the club.

Submission of Physio Expenses

- In order to avail of club physio support, a player must send an email, with their respective Head coach in copy, to secretary.odwyers.dublin@gaa.ie Details of physio support, the nature of the request, agreement & notification of Management teams must be included.
- Player must schedule an appointment with one of the club preferred physiotherapist partners.
- Player must submit summary of treatment and invoices (No later than 3 months from date of initial appointment) for approval to secretary.odwyers.dublin@gaa.ie
- Upon approval Player submits invoices for approval to invoices@odwyersgaa.com for payment.

This scheme is based on a trust model and works on the principle of fairness between senior teams and the club. At any juncture the club reserves the right to terminate this policy with 1 month notice to Adult/Minor team leadership group and management.